



Licensed Mental Health Counseling, Including Equine-Assisted Services

August 14, 2026

Program Office
Lilly Endowment Inc.
2801 N. Meridian Street
P.O. Box 88068
Indianapolis, IN 46208-0068

RE: Helping Hoosiers Heroes Foundation – Workforce & Accessibility Pathways Initiative

Dear Program Office:

On behalf of Anam Cara Counseling, I am pleased to support the funding request from Helping Hoosiers Heroes Foundation (HHHF) for its Workforce & Accessibility Pathways Initiative, which serves La Porte, Porter, and Lake counties in Northern Indiana.

Anam Cara Counseling is familiar with HHHF's work connecting veterans and first responders with trusted community resources, mental-health support, education, and workforce opportunities. As Chair of the Northern Indiana Veterans Suicide Prevention (NIVSP) Coalition, I can attest that HHHF is an active and engaged member committed to collaboration, veteran suicide prevention, and strengthening regional support for veterans and their families.

By integrating workforce and accessibility navigation with community and mental health resources, the proposed initiative will help participants address interconnected barriers involving employment, accessibility, transportation, mental health, and service navigation. Anam Cara welcomes opportunities to facilitate access to appropriate trauma-informed mental-health services through referral and coordination, subject to our standard intake procedures, clinical appropriateness, and available capacity. Should funding be awarded, we would remain available, at HHHF's discretion, to discuss and formalize any grant-specific role through a mutually approved written agreement.

Our endorsement is not contingent upon Anam Cara having a formal role and does not commit Anam Cara or the NIVSP Coalition to funding, staffing, or grant-related responsibilities.

We sincerely value HHHF's commitment to veterans, first responders, and collaborative community service and strongly endorse this funding request.

Sincerely,

Stacey Garcelon-Williams, LMHC, NCC

Founder and Executive Director

Anam Cara Counseling

Chair, Northern Indiana Veterans Suicide Prevention Coalition

Anam Cara Counseling

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